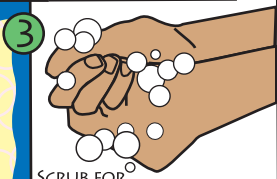
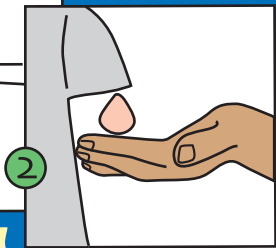
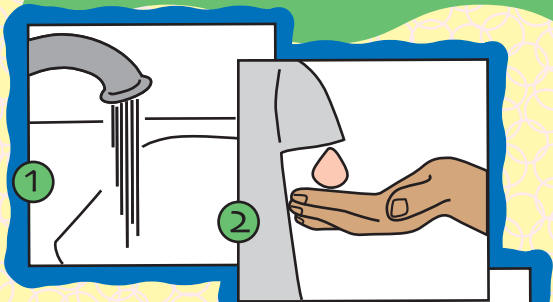
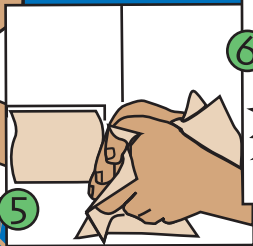


WASH your hands frequently



SCRUB FOR 20 SECONDS



FACT:

Washing your hands is the single most important means of preventing the spread of disease

WHEN?

- ★ After you use the restroom
- ★ Before you eat
- ★ When your hands are dirty
- ★ After handling animals
- ★ After coughing or sneezing into your hands
- ★ After blowing your nose